

# Physical Examinations

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### Objectives

- Discuss the importance of the physical examination in diagnosing problems and diseases
- Discuss the importance of an animal's medical history and records in the diagnosis process
- Discuss observation as a technique for diagnosis
- Discuss the importance of proper restraint of the patient during examination
- Describe the examination process

### Physical Examination

History

Observation

Physical evaluation



#### SJMC

New Patient	ı:	<del></del>	<del></del>
Case No.:			 
Visit No.: "			 <del></del>
Admitting C	linio:		 
Admission [	Date:		 

••••	
VETERINARY MEDICAL CENTER	Visit No.:
ADMISSION RECORD	Admitting Clinic:
	Admission Date:
OWNER	
ADDRESS	WORK PHONE
CITY	STATE ZP
RESPONSIBLE FOR PAYMENT	
ADDRESS CITY	STATEZIP
HAULER/A GENT	PHONE
INSURANCE COMPANY	PHONE
AGENT/REPRESENTATIVE	PHONE -
POLICY NUMBER TYPE OF COVERAGE	COMPANY NOTIFIED?
PATIENT NAME/TAG/TATTOO	
	# IM HERD/
REASON FOR VISIT	
TYPE OF VIGIT ADMITTING O	LINCAN
REFERRING VETERINARIAN PNONE	PAX
CLINIC ADDRESS	
CITYs	TATE ZP
RELEASE FOR TREATMENT	
I, the undersigned, do hereby certify that I am the owner (or that I hereby authorize the Veterinary Medical Center, their a or surgical procedures, anesthesia, x-ray examination, drugs necessary; and I agree to accept responsibility for the full pa if this animal is not picked up within (10) days of receiving w released from liability for disposing of the animal I hereby state agreement, and that I have received a copy of this agree	gents, or representatives, to perform the medical or other such treatment which the clinician deems yment of all services rendered I further agree that witten notification of discharge, the hospital is the that I have read this release, that I understand
\$IGNATURE	DATE

FORM NO. JETY (7-94)

MEDICAL RECORD

ADMISSION RECORD

# Medical History

#### Includes

- Owner name
- Address
- Phone number
- Current problems
  - Chief complaint
  - Duration
  - Progression
- Vaccination history
- Deworming history
- Past traumatic incidents/illness
- Past surgeries
- Any medications
  - Heartworm medication
- Housing arrangements
- Urine output



### Observation

- Prior to exam
- Observe
  - Attitude/mental state
  - Character
  - Appearance
  - Lameness
  - Restraint requirements
  - Respiratory rate
  - Heart rate
  - Body temperature
  - Weight





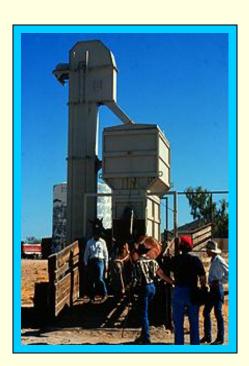
#### Restraint

- Assistant performs
- Minimum restraint

- Small animals
  - Calm
    - Hold head and neck
  - Anxious
    - Sedation



- Large animals
  - Head gate
  - Squeeze chute
  - Stock
  - Halter
  - Rope





### Physical Evaluation

- Body systems
  - Muscular
  - Skeletal
  - Endocrine
  - Nervous
  - Integumentary
  - Cardiovascular (circulatory)
  - Lymphatic (immune)
  - Digestive
  - Respiratory
  - Urinary
  - Reproductive



### Physical Exams of Small Animals

- Integumentary system
  - Abnormalities
    - Dry scaly skin
    - Scabs
    - Lesions
    - Parasites



#### Ears

- Otoscope
  - Wax
  - Mites
  - Ticks
  - Foreign objects
- Eyes
  - Ophthalmoscope
    - Iris
    - Lens
    - Optic disc
- Nose





- Oral cavity
  - Teeth
  - Gums
    - Color
    - Presence of lesions
    - Gingivitis
- Head
  - Bumps
  - Swellings
  - Lesions
  - Other abnormalities



- Cardiovascular system
  - Heart rate
    - Stethoscope
  - Heart health
    - Murmur
  - Abdominal fluid accumulation
  - Skin edema
- Respiratory system
  - Respiratory rate
    - Stethoscope
  - Lung health
    - Fluid or inflammation



- Digestive system
  - Intestinal motility
    - Stethoscope
      - Gut sounds
  - Masses
    - Palpate abdomen
  - Feces
    - Consistency



#### Musculoskeletal and Nervous Systems

- Observation
  - Lameness
  - Abnormal posture
  - Incoordination
  - Mental state
- Palpate
  - Muscles
  - Bones
  - Joints



- Reproductive System
  - Observation and palpation
    - External and internal genitalia
      - Vulva, vagina, cervix, uterus
      - Prepuce, penis, testicles, accessory glands
- Urinary System
  - From history
    - Frequency of urination



## Physical Exams of Large Animals

- Musculoskeletal and Nervous Systems
  - Observation
    - Lameness
    - Abnormal posture
    - Incoordination
    - Mental state



#### Integumentary system

- Abnormalities
  - Dry scaly skin
  - Scabs
  - Lesions
  - Parasites



- Ears
  - Otoscope
    - Wax
    - Ticks
    - Foreign objects
- Eyes
  - Ophthalmoscope
    - Iris
    - Lens
    - Optic disc
- Nose





- Oral cavity
  - Teeth
  - Gums
    - Color
    - Presence of lesions
- Head
  - Bumps
  - Swellings
  - Lesions
  - Other abnormalities



- Cardiovascular system
  - Pulse
    - Stethoscope
  - Heart health
    - Murmur
  - Fluid accumulation and edema
- Respiratory system
  - Respiratory rate
    - Stethoscope
  - Lung health
    - Fluid or inflammation

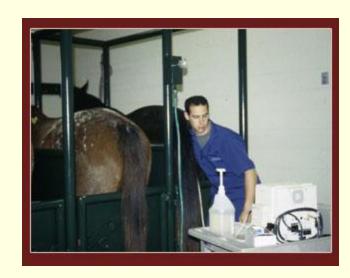


- Digestive system
  - Intestinal motility
    - Stethoscope
      - Gut sounds
  - Masses
    - Palpate abdomen
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    - Consistency



- Reproductive System
  - Observation and palpation
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      - Vulva, vagina, cervix, uterus
      - Prepuce, penis, testicles, accessory gland

- Urinary System
  - From history
    - Frequency



#### Overview

- Keys of physical examination
  - Diagnosis
  - Treatment
  - Preventive medicine
    - Health check-ups

